9th Annual Walt Brem

 Track and Field Event Series

 At Farmingdale High School

**Dates and Times:** Saturday November 28th, 2015

 Competition will begin promptly at 8:00 AM

 Saturday December 5th, 2015

 Competition will begin promptly at 8:00 AM

 Saturday December 12th, 2015

 Competition will begin promptly at 8:00 AM

**Schedule:** **Running Events:** (boys followed by girls)

 3200m (boys)

 3200m (girls)

 600m

 1000m

 1600m (boys)

 1500m (girls)

 **Field Events:**

 Weight Throw – Held outdoors – boys and girls combined

 Long Jump – Held outside with two pits

 Triple Jump – long jump followed by triple jump

 Shot Put – Held indoors

 Pole Vault – held indoors with girls and boys jumping together

 -opening height is 6 feet

 High Jump – two pits

**Cost:** $100.00 per team **OR** $10.00 dollars per individual athlete

 **PLUS**

EACH SCHOOL WILL BE ASSESSED THE COST OF ONE OFFICIAL THROUGH B.O.C.E.S

 Walt Brem Track and Field Event Series

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Entry Form

Date Boys Girls or Number of Individuals

11/28 \_\_\_\_\_\_ \_\_\_\_\_\_ \_\_\_\_\_\_

12/5 \_\_\_\_\_\_ \_\_\_\_\_\_ \_\_\_\_\_\_

12/12 \_\_\_\_\_\_ \_\_\_\_\_\_ \_\_\_\_\_\_

 Total Cost $\_\_\_\_\_\_\_\_\_\_\_

100.00 *Per* team per NIGHT or

10.00 *Per* individual entry per NIGHT

*Plus the cost of one official*

Entries must be received by Wednesday November 25th, 2015

Please send entries and payment to

Friends of Farmingdale Athletics

C/O: Walt Henning email address: whenning@farmingdaleschools.org

Athletic Department Fax # (516) 752-2981

Farmingdale High School Employer ID: 11-3558339

150 Lincoln Street

Farmingdale, NY 11735

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 School Coach

 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 Athletic Director